



Information and Consent for Dermal Filler Treatment

Treatment with dermal fillers can smooth out folds and wrinkles, add volume to the lips and contour facial features that have lost their fullness due to aging, sun exposure or illness. Facial rejuvenation can be carried out with minimal after effects. These dermal fillers are injected into the skin with a very fine needle. The products produce a natural volume under the wrinkles, which are plumped up and smoothed out. The results can often be seen immediately. Treating wrinkles with these dermal fillers is fast and safe and leaves no scars or other traces on the face.

RISKS AND COMPLICATIONS

There are certain inherent and potential risks and side effects in any medical or dental procedure, even if minimally invasive. Specific risks include, but are not limited to:

- 1) Immediate post-treatment discomfort, swelling, redness, bruising and discoloration.
- 2) Post-treatment infection associated with any subcutaneous injection.
- 3) Allergic reaction to any of the ingredients of the proprietary fillers used.
- 4) Reactivation of herpes simplex virus (cold sores).
- 5) Lumpiness, visible yellow or white patches in approximately 20% of cases.
- 6) Granuloma (exuberance of soft tissue with inflammation) formation.
- 7) Localised necrosis of tissue and/or sloughing, with a scab and/or without scab if blood vessel occlusion occurs.

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PHOTOGRAPHS

Clinical photographs will be taken for our records and medicolegal requirements and may be used for scientific purposes both in publications and presentation to professional colleagues. Your identity will be protected and never disclosed to a third party.

PROCEDURE

- 1) This product which contains hyaluronic acid is administered via syringe, or injection, into the areas of the face where elimination or reduction of wrinkles and folds is required.

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- 2) Local anaesthetic to reduce the discomfort of the injection may or may not be used as appropriate.
- 3) The treatment sites are first washed with an antiseptic (cleansing) solution.
- 4) Dermal fillers are clear transparent gels that are injected under your skin into the tissue of your face using a thin gauge needle.
- 5) The depth of the injection(s) will depend in the depth of the wrinkle(s) and their location(s).
- 6) Multiple injections might be made depending on the site, depth of the wrinkle(s), and the technique used.
- 7) Following each injection, the clinician will gently massage the correction site to conform to the contour of the surrounding tissues.
- 8) If the treatment area is swollen directly after the injection, ice may be applied on the site for a short period.
- 9) After the first treatment, additional treatments of dermal fillers may be necessary to achieve the desired level of correction.
- 10) Periodic enhancement injections help sustain the desired level of correction.

A. RISKS/DISCOMFORT

- 1) Although a very thin needle is used, common injection-related reactions could occur. These could include some initial swelling, pain, itching, discoloration, bruising or tenderness at the injection site.
- 2) These reactions generally lessen or disappear within a few days but may last for a week or longer.
- 3) As with all injections, this procedure carries the risk of infection. The syringe is single use sterile and standard precautions associated with injectable materials will be taken.
- 4) Some visible lumps may occur temporarily following the injection.
- 5) Some patients may experience additional swelling or tenderness at the injection site and, on rare occasions, pustules might form. These reactions might last for approximately 2 weeks and in some cases may need to be treated with oral anti-inflammatory corticosteroids or other therapy.
- 6) Dermal Fillers should not be used in patients who have experienced hypersensitivity or in those with severe allergies and should not be used in areas with active inflammation or infections (e.g. cysts, pimples, rashes, or hives).
- 7) Dermal Fillers should not be used in areas other than the tissues of the face.
- 8) If you are considering laser treatment, chemical skin peeling or any other procedure based on a skin response after dermal filler treatment, or you have

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recently had such treatments and the skin has not healed completely, there is a possible risk of inflammatory reaction at the injection site.

- 9) Most patients are pleased with the results of dermal filler use. However, like any cosmetic procedure, there is no guarantee that you will be completely satisfied. There is no guarantee that wrinkles and folds will disappear completely, or that you will not require additional treatment to achieve the results you seek. While the effects of dermal fillers use can last longer than other comparable treatments, the procedure is still temporary. Additional treatments will be required periodically, generally within 4-6 months to one year, involving additional injections for the effect to continue.
- 10) After treatment, you should minimize exposure of the treated areas to excessive sun or UV light and extreme cold weather until initial swelling or redness has gone away.

B. BENEFITS

Dermal fillers have been shown to be safe and effective when compared to collagen skin implants and related products to fill in wrinkles, lines and folds in the skin on the face. Their effect, once the optimal location and pattern of cosmetic use is established, can last 6 months or longer without need for re-administration.

C. ALTERATIONS

The use of dermal fillers is a purely voluntary and elective cosmetic procedure. This treatment is not necessary or required for any medical or dental condition. Other alternative treatments, which vary in sensitivity, effect and duration, include: Animal-derived collagen filler products, dermal fillers derived from the patient's own fat tissues, synthetic plastics, permanent implants, or botulinum toxin that can selectively paralyse muscles that cause some wrinkles.

D. RESULTS and DECLARATION

As the patient, I am aware that full correction is important and that follow-up enhancement treatments will be needed to maintain the full effects. I am aware that the duration of the treatment is dependent on many factors including but not limited to my age, gender, skin condition, general health and life style conditions and sun exposure. The correction, depending on these factors, will normally last 3-6 months but may vary in duration.

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The procedure(s) has / have been explained to me and I have been given a copy of all information required by me regarding dermal fillers and the products used. Alternatives to the procedures and options that I have volunteered for have been fully explained to me to my satisfaction.

PREGNANCY, ALLERGIES AND DISEASE

I am not aware that I am pregnant. I am not trying to get pregnant. I am not currently breastfeeding (nursing). I do not have, nor have I recently had, any major illnesses or medical condition which would prohibit me from receiving any of the above-mentioned dermal fillers. I certify that I do not have multiple allergies or high sensitivity to medications, including but not limited to Lidocaine.

I have read and understood this information and my questions have been answered satisfactorily. I have had enough time to consider the information from my healthcare practitioner and feel that I am sufficiently advised to consent to this procedure. I certify that I have been counselled on post-treatment instructions and have been given written instructions as well.

I certify that if any changes occur in my medical history, I will notify the practice at once. I accept the risks and possible complications of the procedures described above and I hereby voluntarily consent to treatment.

I hereby indemnify the clinic The London Centre for Implant and Aesthetic Dentistry (LCIAD Ltd), 28 Wimpole Street, London W1G 8GW where this treatment is being performed from any liability relating to the procedures that I have volunteered for.

Patient Name:	Signature:
Practitioner Name: Dr Milvia di Gioia	Signature:
Date:	

(LCIAD 2020: This information sheet contains general information and must be read in conjunction with your personalised treatment plan, which gives specific advice).

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